Upcoming In-service Training – two classes!

Facilitated by the Nebraska Foster & Adoptive Parent Association Sponsored by Nebraska Department of Health and Human Services



September 15, 2017: 6:00 PM -9:30 PM & September 16, 2017: 8:00 AM -5:30 PM Western Nebraska Community College – Harms Center, Room C150 2620 College Park, Scottsbluff

Register online: https://www.surveymonkey.com/r/ScottsbluffSpaulding

Earn 12 hours of in-service credit

The Spaulding program is offered to prospective adoptive families. Spaulding training offers families the tools and information that they need to:

- Explain how adoptive families are different
- Importance of separation, loss, and grief in adoption
- Understand attachment and its importance in adoption
- Anticipate challenges and be able to identify strategies for managing challenges as an adoptive family
- Explore the lifelong commitment to a child that adoption brings

Youth Mental Health First Aid

Presented by Phil Darley, Assistant Executive Director at Panhandle Health Group

Saturday, September 30, 2017 | 9:00 AM –4:00 PM Regional West Medical Center, South Plaza – Room 1202, Scottsbluff

Register online: <u>https://www.surveymonkey.com/r/Western_Inservice</u>

Earn 6 hours of in-service credit

Youth Mental Health First Aid reviews the unique risk factors and warning signs of mental health problems in adolescents ages 12-18. It emphasizes the importance of early intervention and covers how to help an adolescent in crisis or experiencing a mental health challenge. The facilitator, Phil Darley, Assistant Executive Director at Panhandle Health Group has taught over 350 people throughout western Nebraska and Pine Ridge, South Dakota including educators, administrators, correctional officers, human service agency employees and parents. This non-clinical course will help folks better understand typical adolescence, how to address basic suicide ideations and verbalizations, understand and use the MHFA Action Plan. The training will include a brief lunch which will allow us to work through this interactive course.

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