



Making the Commitment to Adoption

Sponsored by Nebraska Department of Health and Human Services
Facilitated by Nebraska Foster & Adoptive Parent Association

Register online at

https://www.surveymonkey.com/r/Lincoln_Spauldung

Nebraska Foster & Adoptive Parent Association

2431 Fairfield Street, Suite C

Lincoln, NE

January 13, 2017: 6:00 p.m. -9:30 p.m.

January 14, 2017: 8:00 a.m. -5:30 p.m.

The Spaulding program is offered to prospective adoptive families. Spaulding training offers families the tools and information that they need to:

- Explain how adoptive families are different
- Importance of separation, loss, and grief in adoption
- Understand attachment and its importance in adoption
- Anticipate challenges and be able to identify strategies for managing challenges as an adoptive family
- Explore the lifelong commitment to a child that adoption brings

January 13, 2017

6:00 p.m. - 9:30 p.m.

1) Exploring Expectations—Defining adoption, the process, and the key players. Participant's hopes and fears about the adoption process are recognized and empowerment strategies are identified to assist them in the process. Participant's explore their fantasies about children they might adopt to become aware of the possible influence on their decision about adoption.

January 14, 2017

8:00 a.m. - 5:30 p.m.

(one hour break for lunch)

2) Meeting the Needs of Waiting Children—Assist prospective adoptive parents in focusing on the needs of children awaiting adoption. Explore the issues of separation, loss, grief and attachment. Plus the unique issues related to parenting a child who has been sexually abused.

3) Exploring Adoption Issues—Identify supports within their family and introduce them to common issues that all adoptive families face. Help develop strategies for dealing with these issues; explore crisis periods in adoption; explore their own strengths, needs and challenges as they consider adoption.

4) Making the Commitment—Assist prospective adoptive parents in considering resources they may need, what they need to know, what they need to do, and what they need to explore about themselves as they consider adopting a particular child or children.

Registration Form – Spaulding Training | Lexington | August 2016

Name: _____

Address: _____ City/Zip _____

Phone: _____ E-mail: _____

Register by mail: NFAPA, 2431 Fairfield Street, Suite C, Lincoln, NE 68521 | 4 02-476-2273 | Toll-Free 877-257-0176

Or by email: nichollette@nfapa.org

Don't have time to make it to a support group?

Join us every Tuesday night from 9:00 – 10:00 pm (CST) for our
online support group - FACES.

Contact Nicholette Gardner at nicholette@nfapa.org for more information.

Do you have questions about foster care? Contact one of our Resource Family Consultants. Resource Family Consultants (RFC) work with prospective foster parents as they navigate the licensing process and continue offering support after licensing. The RFC Program specializes in one-on-one relationships, which provide foster parents emotional encouragement, skill reinforcement, and parenting strategies unique to providing out-of-home care to enhance the quality of care provided and stabilize initial placements.

Resource Family Consultants:

Jolie Camden, Western RFC: (308) 672-3658 | jolie@nfapa.org

Terry Robinson, Central/Southwestern: (402) 460-7296 | terry@nfapa.org

Robbi Blume, Southeast/Northern RFC: (402) 853-1091 | robbi@nfapa.org

Tammy Welker, Eastern RFC: (402) 989-2197 | tammy@nfapa.org