

Upcoming In-service Training – three locations!



Facilitated by the Nebraska Foster & Adoptive Parent Association

Sponsored by Nebraska Department of Health and Human Services

Effective Strategies for Children with Developmental Trauma

Presented by Kay Glidden, Assistant Director of Region 3 Behavioral Health Services

Saturday, August 5, 2017 | 9:00 AM – 12:00 PM

Parkview Baptist Church Youth Center

1105 Park Street, West Entrance

Lexington

Register online: https://www.surveymonkey.com/r/Lexington_in-service

Earn 3 hours of in-service credit

We often underestimate the impact of early life experiences on a child's development. Trauma can impact children's ability to learn, social interactions and self-regulation skills. Toxic stress or trauma can involve events such as physical abuse and/or emotional abuse and neglect, divorce, bullying, domestic violence, car accidents and a death in the family. Emotional trauma occurs when an external threat overwhelms a person's internal and external positive coping resources (SAMHSA).

Professionals who work with children, parents and foster parents can benefit from education about how trauma affects children in their care and how to create safe environments. This training will discuss how trauma impacts children, the Adverse Childhood Survey (ACE's), how to create a safe environment, self-regulation tools and ways to avoid re-traumatizing practices. Specific tools and resources will be discussed to help professionals and parents begin the healing process for children.

Spaulding –Making the Commitment to Adoption

September 15, 2017: 6:00 PM -9:30 PM & September 16, 2017: 8:00 AM -5:30 PM
Regional West Medical Center, Scottsbluff

Register online: <https://www.surveymonkey.com/r/ScottsbluffSpaulding>

Earn 12 hours of in-service credit

The Spaulding program is offered to prospective adoptive families. Spaulding training offers families the tools and information that they need to:

- Explain how adoptive families are different
- Importance of separation, loss, and grief in adoption
- Understand attachment and its importance in adoption
- Anticipate challenges and be able to identify strategies for managing challenges as an adoptive family
- Explore the lifelong commitment to a child that adoption brings

Youth Mental Health First Aid

Presented by Phil Darley, Assistant Executive Director at Panhandle Health Group

Saturday, September 30, 2017 | 9:00 AM –4:00 PM

Regional West Medical Center, Scottsbluff

Register online: https://www.surveymonkey.com/r/Western_Inservice

Earn 6 hours of in-service credit

Youth Mental Health First Aid reviews the unique risk factors and warning signs of mental health problems in adolescents ages 12-18. It emphasizes the importance of early intervention and covers how to help an adolescent in crisis or experiencing a mental health challenge. The facilitator, Phil Darley, Assistant Executive Director at Panhandle Health Group has taught over 350 people throughout western Nebraska and Pine Ridge, South Dakota including educators, administrators, correctional officers, human service agency employees and parents. This non-clinical course will help folks better understand typical adolescence, how to address basic suicide ideations and verbalizations, understand and use the MHFA Action Plan. The training will include a brief lunch which will allow us to work through this interactive course.