

# Circle of Security

A relationship-based Parenting Program

Are you an adoptive/kinship or step-parent who wants to  
strengthen your  
relationship with your child/teen?

Are you interested in learning new ways to understand your  
child/teen's needs and behavior?

At times, have you been afraid that it is "too late?"

**You are invited to register for Circle of Security classes.**

1. You will learn how to teach your child/teen how to manage their emotions.
2. You will learn that we all make mistakes: it is how we make the "repair" that strengthens our relationships.
3. You will learn what is underneath the acting out behaviors.
4. You will learn that sometimes our needs interfere with our child/teen's needs and what to do when that happens.
5. You will learn that it is NEVER TOO LATE.

Classes will be held on Saturdays for 7 weeks  
10:30 a.m.

Beginning Saturday, October 1 – November 19, 2016

The registration fee is \$200 for one parent, \$300 for a couple.

Circle of Security classes will be held at  
**2900 South 70<sup>th</sup> Street, Suite 160**

Call Barbara Dewey, LICSW, at **402-525-9825** to register.