

Spaulding: Making the Commitment to Adoption

Sponsored by Nebraska Department of Health and Human Services Facilitated by Nebraska Foster & Adoptive Parent Association

North Platte Fire Station #3 3501 West 2nd Street North Platte, NE

November 3, 2017: 6:00 p.m. -9:30 p.m. November 4, 2017: 8:00 a.m. -5:30 p.m.

Register online at: https://www.surveymonkey.com/r/NPSpauldingNov2017

The Spaulding program is offered to prospective adoptive families and you will earn 12 CEU's by completing the training. Spaulding training offers families the tools and information that they need to:

- Explain how adoptive families are different
- Importance of separation, loss, and grief in adoption
- Understand attachment and its importance in adoption
- Anticipate challenges and be able to identify strategies for managing challenges as an adoptive family
- Explore the lifelong commitment to a child that adoption brings

November 3, 2017

6:00 p.m. - 9:30 p.m.

1) Exploring Expectations—Defining adoption, the process, and the key players. Participant's hopes and fears about the adoption process are recognized and empowerment strategies are identified to assist them in the process. Participant's explore their fantasies about children they might adopt to become aware of the possible influence on their decision about adoption.

November 4, 2017

8:00 a.m. - 5:30 p.m.

(one hour break for lunch)

2) Meeting the Needs of Waiting Children—Assist prospective adoptive parents in focusing on the needs of children awaiting adoption. Explore the issues of separation, loss, grief and attachment. Plus the unique issues related to parenting a child who has been sexually abused.

3) Exploring Adoption Issues—Identify supports within their family and introduce them to common issues that all adoptive families face. Help develop strategies for dealing with these issues; explore crisis periods in adoption; explore their own strengths, needs and challenges as they consider adoption.

4) Making the Commitment—Assist prospective adoptive parents in considering resources they may need, what they need to know, what they need to do, and what they need to explore about themselves as they consider adopting a particular child or children.

	Registration Form – Spaulding Training North Platte November 2017
Name:	
Address: _	City/Zip
Phone:	E-mail:
	NFAPA, 3601 N. 25 th Street, Suite D, Lincoln, NE 68521 402-476-2273 Toll-Free 877-257-0176 nicholette@nfapa.org

NFAPA Support Groups

NFAPA offers support groups to foster and adoptive families! This is your chance to gain understanding and parenting tips through trainings, discussions and networking with fellow foster families. In-service training is offered at <u>most</u> support groups for those needing credit hours for relicensing. Up to date information with each support group location will be on the calendar page at <u>www.nfapa.org</u>. Support Groups may be cancelled for inclement weather. Contact a Resource Family Consultant or the NFAPA office for more information.

- Alliance Support Group: Meets the third Thursday of the month. Registration is required. Contact Jolie Camden to register.
 Famer's State Bank Building, 1320 W. 3rd Street (entrance in rear) 6:00-7:30 p.m. October 19, November 16, December 21, 2017
- Scottsbluff Support Group: Meets the second Tuesday of the month. Registration is required. Contact Jolie Camden to register.
 Regional West Medical Center, South Plaza, Room 1204 6:00-7:30 p.m.
 November 14, December 12, 2017
- **Chadron Support Group:** Registration is required. Contact Jolie Camden to register. The Refuge, 132 W 3rd Street, 6:00-7:30 p.m. October 17, November 7, 2017

Don't have time to make it to a support group?

Join us every Tuesday night from 9:00 – 10:00 pm (CST) for our online support group - FACES. Contact Nicholette Gardner at <u>nicholette@nfapa.org</u> for more information.

Do you have questions about foster care? Contact one of our Resource Family Consultants. Resource Family Consultants (RFC) work with current and prospective foster parents as they navigate the child welfare system. The RFC Program specializes in one-on-one relationships, which provide foster parents emotional encouragement, skill reinforcement, and parenting strategies unique to providing out-of-home care to enhance the quality of care provided and stabilize initial placements.

Resource Family Consultants:

Jolie Camden, Western RFC (panhandle): (308) 672-3658 | jolie@nfapa.org

Terry Robinson, Central/Southwestern RFC: (402) 460-7296 | terry@nfapa.org

