

## PEER SUPPORT



- MONTHLY ADULT DISCUSSION & CHILD PROGRAMMING
- DIVERSE GUEST SPEAKERS
- FAMILY MEALS & ACTIVITIES
- SUPPORT & FRIENDSHIP
- NO COST TO FAMILIES

## INTERESTED IN SPEAKING?

Our adult discussions rotate between directed talks by co-founder John Goldrich and special guests. Topics we often discuss include race and racism, overcoming family struggles and dynamics, community resources, education, politics – most topics are welcome! Contact [jessica@nfapa.org](mailto:jessica@nfapa.org).

## STAY IN TOUCH

Become a Facebook fan or follow us on YouTube for the latest events, local resources, parent questions, and articles about current events.

 @colorlineslincoln

## ABOUT PARENTING ACROSS COLOR LINES

Nebraska Foster and Adoptive Parent Association (NFAPA) is the parent organization for Parenting Across Color Lines (PACL). As a group, PACL strives to build relationships among parents, teens and adult adoptees to support and strengthen racial identity.

Programs and services PACL provides are made possible by grants and generous donations. We are a small organization with a small budget and are always looking for ways to ensure we have the financial resources available to continue. If you have suggestions please contact Felicia Nelsen at [felicia@nfapa.org](mailto:felicia@nfapa.org). If you know someone who would like to support PACL, donations can be made at [nfapa.org](http://nfapa.org). Please note Parenting Across Color Lines when choosing where the funds go. Thank you!



## PARENTING ACROSS COLOR LINES



## BUILDING STRONG RACIAL IDENTITIES IN MULTIRACIAL FAMILIES

## CHILDREN'S PROGRAMMING



While adults discuss thought-provoking topics relevant to families, children, and race, children of all ages take part in our children's programming led by our childcare coordinator and volunteers. Activities include reading books, crafts, games, learning about other cultures, and exploring physical differences. We try to pick topics and activities that correspond with the adult discussion to encourage further dialogue at home. We also host several fun family events throughout the year for the entire family.

To volunteer with our children's program, please contact [jessica@nfapa.org](mailto:jessica@nfapa.org).

# PARENTING ACROSS COLOR LINES

Parenting Across Color Lines (PACL) offers peer support for caregivers (and their children) who are parenting transracially, have biracial children of their own, or adults and young adults that grew up in a multicultural family. **Regardless of your transracial experience, whether from an adopted home or biological, PACL values and welcomes all!**

Many of the families we meet feel ill-equipped to help their children develop healthy racial identities in predominately white Nebraska. White parents do not understand their children of color's daily experiences. Children need acceptance of their experiences and validation from their parents to grow into a positive racial identity.

PACL is an innovative peer support group that explores the impact of race on children's mental health and overall development into healthy individuals. The group provides a safe place for participants to discuss their thoughts and feelings and share personal experiences.

Participants in this support group are parents, foster parents, grandparents, aunts, uncles, adult adoptees, and caregivers of children who are in a multicultural family.

## WHEN IS PACL?

We meet the 4th Monday of the month from 6:15 p.m. to 7:45 p.m. Check our Facebook page for updates and cancellations.

## WHERE DO YOU MEET?

Connection Point  
1333 N 33rd St.  
Lincoln, Nebraska 68503

## WHAT DO I NEED?

PACL provides a light dinner and childcare at no cost. Please RSVP if you plan to attend.

## WHO DO I CONTACT?

**Jessica Sodeke, PACL Program Coordinator**  
[jessica@nfapa.org](mailto:jessica@nfapa.org)

**Felicia Nelsen, NFAPA Executive Director**  
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