## Nebraska Foster & Adoptive Parent Association Foster Parent In-Service Training

Best Western Plus 3201 S Jeffers St North Platte, NE Saturday September 18, 2021 9:00am-4:00pm (lunch on your own)

Register online: https://www.surveymonkey.com/r/InService2021

## **Building & Empowering Family Connections**

Presented by Amy Schnacker
TBRI Practitioner, Occupational Therapist, Foster/Adoptive parent

## This training is for you if...

- Your child has outbursts of emotion
- Your child can get out of hand and out of control
- You would like to see growth and deeper connection in your home
- Your child has experienced trauma and you would like to find strategies to parent more effectively
- Traditional Parenting strategies are not working for your child

\*You will learn how to handle challenging behaviors using the three principles of Trust-Based Relational Intervention (TBRI)

\*You will understand the meaning behind the behaviors, brain chemistry, and how to help heal and connect with your child.

Amy is the founder and owner of Connecting Kidz Pediatric Therapy and provides trauma informed solutions for families and professionals in a fun, nurturing, & supportive therapeutic environment while believing in a child's potential to flourish. She lives in Amherst, NE with her husband, Layne and children, Bentley & Sereniti.

She graduated from Creighton University in 2000 as an Occupational Therapist and has worked with children and families in a variety of settings, including Schools, Early Intervention, Out-Patient Pediatrics and Hospitals. Became foster parents in 2012. In 2016, they adopted her children from foster care and she became a TBRI® Practitioner in 2018 after learning traditional parenting strategies were not effective for her children.

Amy enjoys volunteering for Royal Family Kids Camp, walking, spending time with family, Husker Football, and reading. She is thankful for the journey that led her to discovering connected parenting for her family and devotes her life and education to helping other families and children heal from hard places.

Facilitated by the Nebraska Foster & Adoptive Parent Association

Sponsored by Nebraska Department of Health and Human Services

