

# Nebraska Foster & Adoptive Parent Association

## Two VIRTUAL Foster Parent In-Service Trainings Offered

Foster & Adoptive Parents care about the protection of children. Attend these two wonderful trainings that focus on keeping children safe! Plus you can do it from the comfort and safety of your own home! You must register to attend! Register for one or both trainings and we will send you the Zoom link(s) to log in. Registration closes the day before each training.

**Saturday, February 20, 2021 from 9-11 am by Zoom**

**&**

**Saturday, March 27, 2021 from 9-11 am by Zoom**

Register online: <https://www.surveymonkey.com/r/InService2021>

### February 20, 2021

#### Talking with Children about Body Safety, Boundaries & Sexual Abuses

People who sexually abuse children specifically target children who don't have the skills to talk about it. They use this lack of knowledge to keep them silent, shamed, and compliant. Having age-appropriate, open conversations about our bodies, sex, and boundaries is an important step in protecting children. This presentation will teach participants how to talk with and listen to children about sexual abuse and personal safety. This presentation will also teach adults how to react responsibly to a child if they make the choice to disclose and how to make a report.

### March 27, 2021

#### Problematic Sexual Behaviors

Sexual exploration and touch is a natural part of a child's development and is an information gathering process as they grow and mature. There is a continuum of sexualized behaviors in children, from natural/healthy to problematic. This presentation will teach the dynamics of problematic sexualized behaviors (PSB), break down the myths and misconceptions, and identify how to best work with kids and families. Parents and professionals working with youth are encouraged to attend this training.

*Training presented by Christy Prang from the Child Advocacy Center*

**Earn 2 hours of in-service credit at each training!**



Facilitated by the Nebraska Foster & Adoptive Parent Association

Sponsored by Nebraska Department of Health and Human Services